



Fragrant Plants Sure to Elevate Your Mood & Garden Enjoyment

Fragrance is perceived differently by each of us.

Learn more about the sense of smell in The New York Times article, [How Coronavirus Steals the Sense of Smell](#). Check out the links found in this article for more insight.

* For more on plant fragrance, *The Scentual Garden: Exploring the World of Botanical Fragrance*, book by Ken Druse.

- **Fragrance in Plants**
 - It's a form of defense against predators
 - The chemicals that create the smell also make certain plants like mint, oregano and Rosemary taste good to us.
- **The brains anatomy closely links smell, memory and emotion, thus fragrance can evoke emotions, feeling and memories.**
- **When checking the fragrance:**
 - Take short sniffs, not long, deep breaths
 - Then take an occasional break by smelling the crook of your elbow as we are used to our own smell
- **Focus fragrant plants where their scent can be enjoyed**
 - At the front door
 - Near or on patio or deck
 - Along walk
 - By drive or garage to greet you when you return home
 - Outside a window you may open to let in fresh air and fragrance
- **Plan for season-long bloom**
- **Include a few fragrant night bloomers**
 - Nicotiana - see under annuals
 - Petunia - see under annuals

Utility-friendly Tree Planting Tips from We Energies

Trees growing too close to power lines can cause sparks, fires, power outages and shock hazards. To avoid these problems, plant trees that won't interfere with power lines when fully grown. Small ornamental trees or shrubs that will not exceed 15 feet in height such as serviceberry, dogwood and low-growing evergreens are best to plant around power lines. Trees such as maple, basswood, burr oak, white pine or spruce grow more than 40 feet high and should be planted more than 50 feet from any overhead power lines.

And don't forget to call 811 at least three days before planting to check the location of underground services.

Learn more utility-friendly planting tips at [we-energies.com](https://www.we-energies.com).



ANGEL'S TRUMPET - *Brugmansia* and *Datura*

- Poisonous
- Hardiness varies
 - *Datura* often reseeds
- 2-6' x 2-3' or more
- Fragrant at night
- Hummingbirds, moths
- Full sun to part shade
- Moist organic, well-drained soil

NIGHT SCENTED STOCKS - *Matthiola longipetala*

- Zones 8 to 11, annual elsewhere
- 1' x 6"
- Full to part sun
- Moist, well-drained soil
- 8 weeks from seed to flower

BULBS

- These bulbs need cold period to initiate flowering
- Plant in fall or buy pre-cooled bulbs in spring
- Those in mild climates
 - Select low chill bulb varieties
 - Purchase pre-cooled bulbs and grow as an annual
- Hyacinths
- Some tulips
- Grape hyacinths
- Some bearded iris
- Oriental hardy lilies

MOST HERBS ARE FRAGRANT

THYME - *Thymus*

- Zones 5 to 8
- 12" x 12" or more
- Full sun
- Well-drained soil
- May develop woody base and need replacing

MINTS - *Mentha*

- Zones 5 to 9
- 12-26" x 12-24"
- Full sun to part shade
- Well-drained soil
- Contain the plant by growing in a pot

SCENTED GERANIUM - *Pelargonium graveolens*

- Zone 10 and higher, annual elsewhere
- Can be overwintered indoors
- 12-24" x 24"
- Full sun
- Moist, well-drained soil
- Fragrant and edible leaves
- Used in drinks, jams
 - Flavor and fragrance varies

LAVENDER - *Lavandula angustifolia*

- Zones 5 to 9
- Can be overwintered indoors
- 12-24" tall and wide
- Full sun
- Well-drained soil
- Blooms summer to fall
- Hidcote, Munstead, Phenomenal hardier varieties
- Prune in spring
- Pollinator friendly plant

Landscaping Around We Energies Utilities

Plants and other landscaping features can interfere with utility equipment and cause safety risks. Remember to:

Maintain equipment visibility: Use techniques that camouflage rather than hide utility equipment. Hearty grasses and/or flowers are preferred. They provide aesthetic improvements and grow back quickly should equipment access be necessary.

Ensure easy access: When fencing is used, choose a split-rail type, which can be easily dismantled when equipment access is needed. Be sure fences are located more than 3 feet from transformer sides and no permanent fence post is located in front of transformer door.

Keep proper clearance: When woody shrubs or bushes are used, place them more than 3 feet from transformer sides and more than 10 feet from its door. Keep future growth in mind for the size of shrubs or bushes.

Learn more utility-friendly planting tips at we-energies.com.

ROSEMARY - *Rosemarinus officinalis*

- Zones 7 to 10, annual elsewhere
- 3-8' x 2-4'
- Full sun
- Moist, well-drained soil
- **Growing and overwintering indoors**

LEMON VERBENA - *Aloysia citriodora*

- Zones 8 to 10, annual elsewhere
- 2-4' tall and wide
- Full sun
- Loamy soil with good drainage
- Fragrant leaves and flowers in fall

PINEAPPLE SAGE - *Salvia elegans*

- Zone 8b to 10a, annual elsewhere
- Full sun to part shade
- Moist, organic well-drained soil
- Scented leaves
- Red flowers in fall
- Butterflies, hummingbirds
- Deer and drought resistant

ANNUALS

Some **PANSIES** - *Viola x wittrockiana*

- 4-8" x 9"
 - Trailing Cool Splash grow 12"+ wide
- Full sun to part shade
- Prefers cooler temperatures
- Heat tolerant varieties available
- Cool Splash overwinter in Zones 5 and warmer
- Edible flower, some are fragrant
- Great for spring and fall pollinators

STOCKS - *Matthiola incana*

- Zones 7b to 10a, annual elsewhere
- 12-30" x 12"
- Full sun to part shade
- Moist, well-drained soil
- Prefers cool temperatures
- Fragrant flowers

SWEET ALYSSUM - *Lobularia maritima*

- 4-8" x 10-15"
- Full sun to part shade
- Moist, well-drained soil
- Flourishes in cooler temperatures
 - May heat stall
- Tolerates light frost
- May reseed
- Great pollinator plant

PETUNIA - *Petunia x hybrida*

- 6-18" x 6-36"
- Full sun to part shade, adaptable
- Select for fragrance and desired growth habit
- Some require lots of grooming while others don't

HELIOTROPE - *Heliotropium arborescens*

- Zones 10 to 11, annual elsewhere
- 12-18" x 12-15"
- Full sun
- Well-drained fertile soil
- Can overwinter indoors
- Pollinators, hummingbirds

The Conservancy for Healing and Heritage

The Conservancy for Healing and Heritage is a nonprofit organization dedicated to conserving an exceptional 36 acre parcel of forestland and glacial lake and offering our Reiman Healing Chapel, We Energies Foundation Healing Garden and Lake & Nature Trails for all who seek nature's tranquility and improved well-being. We are especially passionate about supporting and comforting those experiencing physical, emotional or mental distress or disease. The Conservancy promotes respect and appreciation for the natural world through educational opportunities for all ages.

We provide a conduit to the healing power of nature, outstanding environmental education opportunities and unique community enrichment experiences focused on health, wellness, nature and personal development, and a commitment to conserving this beautiful land and its rich resources for future generations.

For more information, visit
theconservancy.org



FLOWERING TOBACCO - *Nicotiana glauca*

- 8-60" x 6-24"
- Full to part sun
- Moist, well-drained soil
- Fragrant at night
 - Select variety for fragrance
 - *Nicotiana glauca*
 - 4-6' tall
 - Very fragrant
- Butterflies, bees, hummingbirds

POPCORN CASSIA - *Senna didymobotrya*

- Zones 9 to 11, annual elsewhere
- 6-10' tall or shorter when grown as annual
- Full sun
- Rich, moist, well-drained soil
- Leaves smell like buttered popcorn
- Flowers smell like peanut butter

PERENNIALS

Some **HERBACEOUS PEONIES** - *Paeonia*

- 3' x 3'
- Full sun
- Moist, well-drained soil
- Blooms late spring to early summer
- Long lived plants
- Select for sturdy stems and fragrance

CHEDDAR PINKS - *Dianthus gratianopolitanus*

- Zones 3 to 9
- 3-4" foliage, 6-8" tall in bloom
- Full sun to light shade
- Well-drained soil
- Performs best in cool, sunny locations
- Spring - early summer blooms
- Firewitch - long blooming, more heat and humidity tolerant
- Clove fragrance

GARDEN PHLOX - *Phlox paniculata*

- Zones 4 to 8
- 2-4' x 2'
- Full sun
- Moist, well-drained soil
- Blooms summer to early fall
- Deer and rabbit love
- Look for mildew resistant varieties
- Hummingbirds, pollinators

CALAMINT - *Calamintha nepeta nepeta*

- Zones 4 to 9
- 12-18" x 12-24"
- Full sun
- Moist, well-drained soil
 - Drought tolerant once established
- Blooms June through September
- Aromatic foliage
- Bee favorite

CATMINT - *Nepeta x faassenii*

- Zones 3 to 8
- 18-26" x 24-36"
- Select non aggressive clumping varieties that do not readily reseed
- Full sun
- Well-drained soil
- Late spring to fall bloomer
- Cut back halfway if it becomes floppy
- Aromatic foliage
- Bees, hummingbirds, butterflies



About Melinda

Nationally known gardening expert, TV/radio host, author & columnist Melinda Myers has over 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening, the recently revised Midwest Gardener's Handbook, and Jackson and Perkins' Beautiful Roses Made Easy. She hosts the nationally-syndicated "Melinda's Garden Moment" program airing on over 115 TV and radio stations throughout the U.S. Melinda also hosts the internationally distributed Great Courses "How to Grow Anything" DVD series, including the latest Food Gardening for Everyone DVD set. She is a columnist and contributing editor for Birds & Blooms magazine, writes the twice monthly "Gardeners' Questions" newspaper column and a nationally-distributed gardening column. She appears regularly as a guest expert on national and local television and radio shows.

Visit Melinda's website,
melindamyers.com

ANISE HYSSOP - *Agastache foeniculum*

- Zones 5 to 9
- 3-5' x 12-24"
- Full sun
- Moist, well-drained soil
- Leaves have anise scent
- Pollinator favorite

COMMON MILKWEED - *Asclepias syriacus*

- Zones 3 to 9
- 3-5' x 3-12"
- Full sun
- Well-drained soil
- Fragrant pink flowers
- Spreads aggressively by deep underground rhizomes
- Reseeds readily
- Monarch host plant
- Butterflies, bees, hummingbirds

SWAMP MILKWEED - *Asclepias incarnata*

- Zones 3 to 6
- 3-5' x 2-3'
- Full sun
- Well-drained to wet soil
- Less aggressive than common milkweed
- Fragrant flowers
- Monarch host plant, butterflies, bees, hummingbirds

BEE BALM - *Monarda*

- Zones 4 to 9
- 2-4' x 3'
- Full sun
- Moist, well-drained soil
- Blooms summer
- Select mildew resistant varieties
- Reseeds readily

- Fragrant foliage
- Bees, butterflies, hummingbirds

PRAIRIE DROPSEED

Sporobolus heterolepis

- Zones 3 to 8
- 2-4' tall and wide
- Full sun
- Well-drained soil
- Fragrant (coriander / popcorn) flowers late summer into fall

SHRUBS

DAPHNE - *Daphne x burkwoodii*

- Zones 4 to 7
- 3-4' tall and wide
- Full sun to part shade
- Moist, well-drained soil
- Fragrant pink flowers in early spring

FOTHERGILLA - *Fothergilla*

- Zones 4 to 8
- 2-10' x 2-8'
- Fragrant spikes of white flowers in spring
- Great fall color
- Hummingbirds
- Rabbits like it as well

KOREANSPICE VIBURNUM

Viburnum carlesii

- Zones 4 to 8
- 4-8' tall and wide
- Full sun to part shade
- Moist soil
- Spring bloom very fragrant
- Good fall color
- Hummingbirds, bees
- Resistant to Viburnum leaf beetle

- Rabbits love it

MOCKORANGE - *Philadelphus*

- Zones 4 to 8
- Northern gardeners select for flower bud hardiness
- 4-12' tall and wide
- Full sun to light shade
- Moist, well-drained soil
- Fragrant white flowers in late May

LILAC - *Syringa*

- **Syringa meyeri** 'Palabin'
 - Zones 4 to 7
 - Very fragrant
- *Syringa pubescens patula* 'Miss Kim'
 - Zones 4 to 7(8)
 - Fragrant
- **Bloomerang Lilac**
 - Zones 3 to 7
 - Repeat blooming
 - Fragrant
- Southern gardeners select for low chill varieties
- 3-8' x 3-10' depending on species and variety
- Full sun to light shade
- Well-drained soil
- Select for size, flower color, fragrance and mildew resistance

FRINGETREE - *Chionanthus virginicus*

- Zones 3 to 9
- 12-20' tall and wide
- Full sun to part shade
- Moist, well-drained soil
- Fine white, slightly fragrant flowers in panicle in May
- Emerald Ash Borer may be a concern

Some **ROSES** - *Rosa*

- Hardiness varies
- Size varies
- Full sun
- Moist, well-drained soil
- Bloom time varies

CAROLINA ALLSPICE - *Calycanthus floridus*

- Zones 4 to 9
- 3-9' x 6-12'
- Part shade to full sun
- Moist, loamy soil
- Spring flowers

SUMMERSWEET - *Clethra alnifolia*

- Zones 3 to 9
- Up to 8' tall x 4-6' wide
- Fragrant, white or pink flowers mid summer for 4 to 6 weeks
- Hummingbirds, butterflies, bees

VIRGINIA SWEETSPIRE - *Itea virginica*

- Zones 4 to 9
- 3-6' tall and wide
- Full sun to shade
- Moist, acidic soil
- Very fragrant white flowers in summer
- Outstanding red fall color

COMMON WITCHHAZEL

Hamamelis virginiana

- Zones 3b to 8
- 20-30' tall and wide
- Full sun to part shade
- Moist or gravelly soil
- Fragrant yellow flowers October-November
- Rabbits

VERNAL WITCHHAZEL - *Hamamelis vernalis*

- Zones 4 to 8
- 6-10' x 10-15'
- Full sun to part shade
- Moist, well-drained soil
- Blooms late winter to early spring

VINES

BETTY CORNING CLEMATIS

Clematis 'Betty Corning'

- Zones 4 to 9
- 5-6' x 2-4'
- Full sun to part shade
- Moist, well-drained soil
- Blue bell-shaped flowers in summer
 - Lightly fragrant
- Sweet Autumn Clematis is showing up as invasive in parts of the country
 - Not sure about Sweet Summer Love
 - Purple fragrant flowers
 - Blooms late summer

AMERICAN WISTERIA - *Wisteria frutescens*

- Zones 5 to 9
- Summer Cascade 4 to 8
- 30' tall
- Full sun
- Moist, well-drained soil
- Fragrant flowers in spring on new growth with leaves
- Takes up to 5 or 7 years to reach maturity and bloom



UPCOMING APPEARANCES & WEBINARS

Check often as more appearances and webinars continue to be added.

April 9th

Grand Forks County Extension's Gardening Saturday

[More Information](#)

April 12th

Elm Grove Beautification Committee

[More Information](#)

April 14th Webinar

[Jump Start Your Season and Protect Your Plants](#)

April 27th Webinar

[Organic Pest Management for Vegetable and Flower Gardens](#)

April 30th

Connecting with Nature for Your Well-being

[More Information](#)

May 4th Webinar

[Food Gardening in Containers](#)

May 12th Webinar

[How to Plant a Rain Garden](#)

Sign up for my

FREE

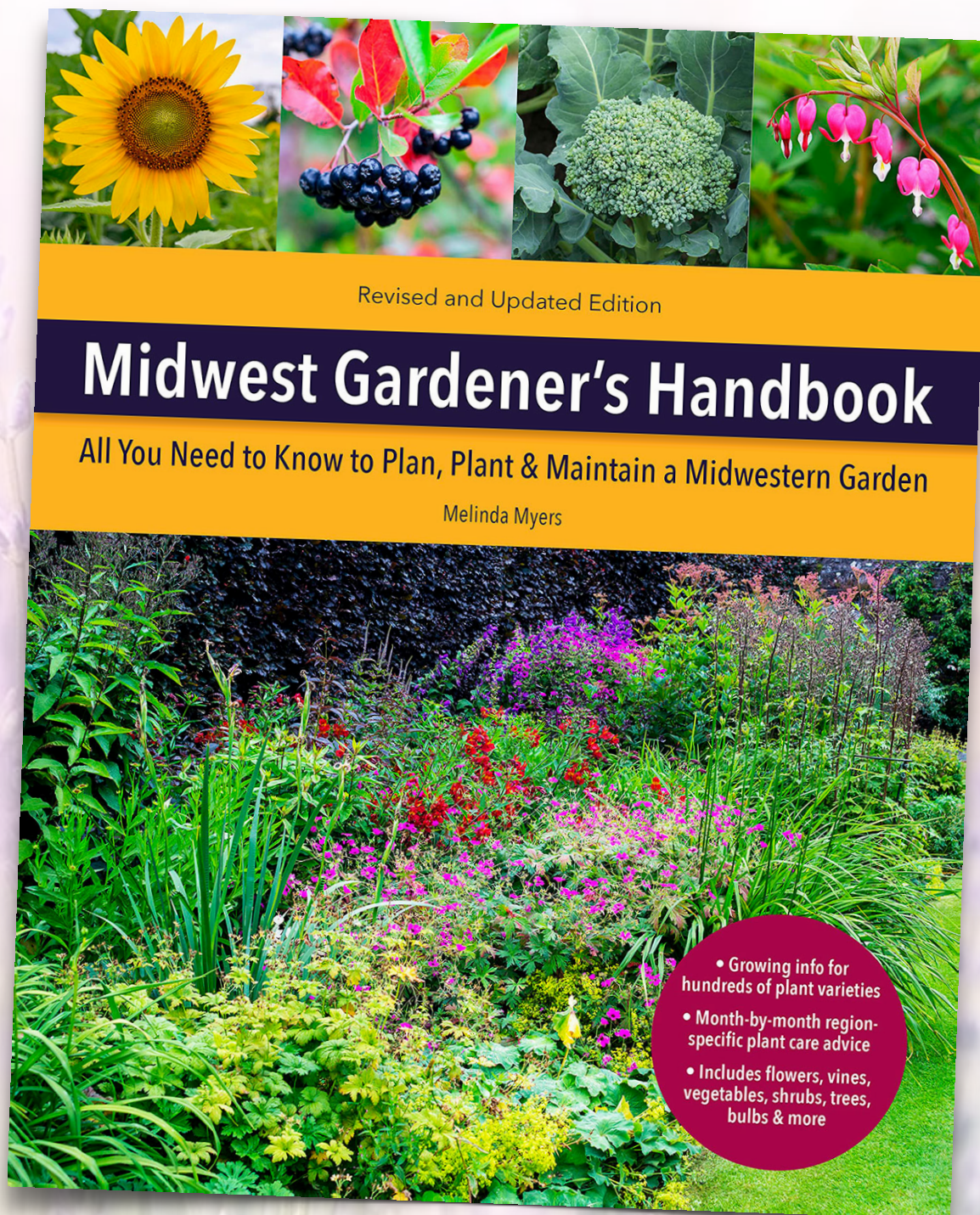
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*Thank You to We Energies for
Sponsoring this Webinar*

Visit we-energies.com



Don't Miss!

April 30th Event at the Conservancy

Connecting with Nature for Your Well-being

Join gardening expert Melinda Myers, Kate Bast of Shinrin-Yoku, and Ryan Sallmann of Badgerland Birding for a day to connect with nature, enhance your mind, body & spirit through gardening and spending time in nature bird watching and exploring the grounds of the Conservancy for Healing and Heritage.

The event is FREE and open to the community. Registration is required for capacity requirements.

To register email susan@theconservancy.org and please note which program you are attending:

1. Gardening for Your Mind, Body and Spirit
2. The Wonderful World of Birding
3. Nature Therapy Hike



Melinda's Garden Moment AUDIO TIPS

Melinda's Garden Moment VIDEO TIPS

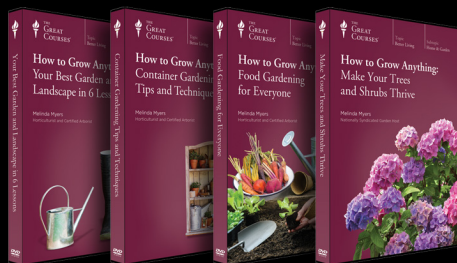
FREQUENTLY ASKED QUESTIONS

MONTHLY GARDENING CHECKLISTS & MORE

BE SURE TO SIGN UP FOR MY E-NEWSLETTER TO GET TIMELY GARDENING TIPS AND A CHANCE TO WIN



melindamyers.com



THE GREAT COURSES "How to Grow Anything"

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Container Tips and Techniques

BOOKS

Midwest Gardener's Handbook

Small Space Gardening

Midwest Lawn Guides

Minnesota & Wisconsin Getting Started Garden Guide

Month-by-Month Gardening in Minnesota & Wisconsin

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